

Let's see what's for lunch...

Week 1

Monday	Main Meals Ham & Pineapple Pizza Margherita Pizza V Jacket Potato with Baked Beans Ve	Vegetables Sweetcorn Ve Dessert Chocolate Rice Krispie Cake V
	Main Meals Beef Bolognaise with Spaghetti Vegan Bolognaise with Spaghetti Ve Jacket Potato with Cheese V	Vegetables Peas Ve Dessert Carrot Cake V
	Main Meals Roast Chicken with Roast Potatoes & Gravy Macaroni & Cheese V Jacket Potato with Salmon Mayonnaise	Vegetables Seasonal Greens Ve Dessert Vanilla Ice Cream V
Thursday	Main Meals Chicken Fajita Wrap Vegetable Frittata V Pasta with Roasted Tomato & Basil Sauce Ve	Vegetables Steamed Carrots Ve Dessert Maryland Cookie V
	Main Meals Breaded Fish Fingers Vegetable & Bean Chimichangas V Pasta with Cheese Sauce V	Vegetables Chips & Baked Beans Ve Dessert Chocolate & Courgette Sponge V
Freshly Baked Bread: Pesto Bread V Wholemeal Bread V		

Week 1:

20th February, 13th March, 3rd April, 24th April, 15th May, 5th June, 26th June, 17th July, 28th August, 18th September, 9th October

Pabulum Salad Bar

Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our new salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.

Available Every Day:
Fresh Fruit Ve
Yoghurt V or Jelly Ve

Week 2

Monday	Main Meals Beef Burger in a Bun Vegetable Burger in a Bun Ve Wholewheat Pasta with Arrabiatta Sauce Ve	Vegetables Carrot Sticks Ve Dessert Lemon Drizzle Sponge V
	Main Meals Beef Lasagne Vegetable Biryani Ve Jacket Potato with Cheese V	Vegetables Sweetcorn Ve Dessert Flapjack Ve
	Main Meals Honey Roast Gammon with Roast Potatoes & Gravy Margherita Pizza V Jacket Potato with Baked Beans Ve	Vegetables Pan Fried Leeks Ve Dessert Orange Shortbread Biscuit Ve
Thursday	Main Meals Chicken Tikka Masala & Rice Vegetable Pasanda with Rice Ve Pasta with Tomato & Vegetable Sauce Ve	Vegetables Broccoli Ve Dessert Apple Crumble Ve with Custard V
	Main Meals Breaded Fish Fingers Spiced Squash & Spinach Samosa Ve Pasta with Cheese Sauce V	Vegetables Chips & Baked Beans Ve Dessert Apple & Parsnip Cake V
Freshly Baked Bread: Tomato & Herb Bread V Wholemeal Bread V		

Week 2:

27th February, 20th March, 10th April, 1st May, 22nd May, 12th June, 3rd July, 4th September, 25th September, 16th October



Week 3

V - Suitable for vegetarians
Ve - Suitable for vegans & vegetarians

Monday	Main Meals Cumberland Sausages with Mashed Potato & Gravy Vegan Sausages with Mashed Potato & Gravy Ve Pasta with Cheese Sauce V	Vegetables Peas Ve Dessert Apple & Carrot Flapjack Ve
	Main Meals Beef Chilli with Steamed Rice Vegetable Chilli with Steamed Rice Ve Jacket Potato with Cheese V	Vegetables Steamed Carrots Ve Dessert Chocolate & Beetroot Brownie V
	Main Meals Sticky Glazed Chicken Ratatouille Pasta Bake Ve Pasta with Tomato & Basil Sauce Ve	Vegetables Spicy Potato Wedges Ve & Coleslaw V Dessert Cherry Cornflake Cake V
Thursday	Main Meals Creamy Pesto Chicken with Fusilli Pasta Mushroom & Vegetable Chow Mein V Jacket Potato with Baked Beans Ve	Vegetables Pan Fried Leeks Ve Dessert Vanilla Ice Cream V
	Main Meals Breaded Fish Fingers Vegetable & Bean Stuffed Pitta Pocket Ve Pasta with Tomato & Lentil Sauce Ve	Vegetables Chips & Baked Beans Ve Dessert Chocolate Shortbread Biscuit Ve
Freshly Baked Bread: Garlic & Rosemary Bread V Wholemeal Bread V		

Week 3:

6th March, 27th March, 17th April, 8th May, 29th May, 19th June, 10th July, 11th September, 2nd October

BM1 Discovery
February 2023
All products are subject to availability