

Family Thrive for Parents and Carers

A six-week course to introduce you to the fundamentals of Thrive and how it works in practice

Come on this course to find out about:

- the Thrive Approach
- how our brains develop
- how your right brain talks to your left brain!
- why play and creativity are so important to you and your child
- how to support your child at times of change and difficulty
- everyday trigger times and how to keep calm
- how to be a behaviour detective.



Where and when:

Click or tap here to enter text.

Learn about the amazing growth of your child's brain through childhood and help support their emotional development.

To book your place or find out more:

The course is run by a Thrive-approved course leader who is an experienced licensed practitioner. It is suitable for you if your child attends a setting that embraces a whole setting approach to Thrive. To book your place or to find out more, please contact:

Click or tap here to enter text.

To find out more about Thrive and other courses on offer, please visit:
www.thriveapproach.co.uk

